

'On yer bike, White'

It's been a busy couple of weeks in the saddle for EMM International's Chairman, Stephen White, who has recently completed the London to Brighton Bike Ride in aid of the British Heart Foundation, and the London Bikeathon for Leukaemia & Lymphoma Research on consecutive weekends.



The charities supported by these endeavours are both close to Stephen's heart and he's been regularly clocking up the miles at these events over the last few years, including the last five London to Brighton rides, come rain or shine.

Stephen says of the events "These rides are a fantastic way to support the charities, and lend a great deal of visibility to the cause. Of course I take a great deal of benefit and enjoyment from the rides as well and the camaraderie between the riders is great to experience".

If you want to know more about the charities, or to sponsor Stephen after the event, please get in touch at stephen.white@emminternational.com